UCC FIELD CREW GEAR LIST

Members need to have work boots, pants, and personal camping gear on their first day with UCC.

All UCC AmeriCorps field crew members are **REQUIRED** to bring the following items:

- **Boots**: MUST be full leather at least 8" tall. If you are not sure, ask your Regional Coordinator. Boots do not need to be steel toe. **BREAK THEM IN BEFORE YOU ARRIVE!**
- **Work Pants**: Should be brown/dark khaki/khaki/tan in color (Carhartt, Dickies, Arborwear, Riggs or similar)
- **Water**: Ability to carry 6+ liters of H2O is essential. Our staff recommend being able to carry 6L (water bottles, hydration pack, dromedary, etc.). This can be a combination of water bottles and a dromedary. We recommend one or two Nalgene water bottles (1-1.5L) and a 3-4L dromedary or hydration pack.
- **Tent**: UCC members must have their own personal tent for use on projects
- **Sleeping Bag**:
  - For **COLD**: Rated to at least 0 °F (lower if you sleep cold). Temperatures in Utah vary widely based on elevation and season. It might be 20°F at night at 10,000ft elevation in the middle of July. Preparation for all environments is crucial for safety.
  - For **HOT**: Have a light blanket or sheet (or bag with a higher temp rating) for the warmer nights. Trying to sleep in a sweat soaked sleeping bag is not fun.
  - Temps may range from -20° F - 120 ° F. BE PREPARED!
- **Sleeping Pad**: Therm-a-rest makes nice foam pads that are fairly affordable. **BEST PRACTICE (most comfort)**: Use a Therm-a-rest (or other thick ground covering/pad) and an inflatable pad. The environment in Utah is not forgiving and likes to poke holes in everything, especially sleeping pads. If you use an inflatable pad, make sure you have a patch kit.
  - Consider R-Value when purchasing. [CLICK HERE to learn more.](#)
- **Large Backpacking Pack**: Minimum storage capacity of 65 liters or 3000 cubic inches. These backpacks come in different sizes. Be sure to get one that fits properly. Projects require hauling tools, personal gear and food, so having a backpack is essential.
- **Day Pack**: 20-40 liters. This can be used daily for carrying food, water, and other personal items to the project site for the day. Some members use their large backpacking backpack as a day pack, rather than purchasing another backpack.
- **Headlamp**: and extra batteries. The Petzl Tikka is a decently affordable example of a simple headlamp.
- **Rain Gear**: Jacket and pants.
- **Insulated Jacket**: Down or synthetic. An essential to have on cold nights and chilly mornings.
- **Synthetic or Wool Base Layers**: Appropriate for both extremely cold weather (reaching as low as -25 °F) and extremely hot weather (reaching as high as 110 °F) Utilizing multiple layers that are not-cotton is crucial to your comfort and survivability.
- **Pack Cover**: A cover for your backpacking pack to protect it (mostly its contents) from rain. Great for hiking or during a rainy workday. Your pack is covered. And the larger pack covers can be used for your large or small pack.
- **Drybags or Ziplocs**: For water protection of personal gear (ex. phone, headlamp, and any other things you want to make sure stay dry). Ziplocs are also great for food storage, especially when backpacking for a project, or simply portioning out daily lunch/snacks. Remember, you can usually get a few uses out of a Ziploc – reuse!
- **Food Storage Container (Tupperware)**: It’s nice to have a container for dinner leftovers. They’re great for lunch or snack the next day. You may also want to bring personal eating gear, if desired (we provide some in the kitchen kit, but you may also bring your own).
- **Hat or Cap**: A hat with a brim
- **Warm Hat/Beanie**: fleece, wool, etc. To keep your head and ears warm.
- **Warm Gloves**: To keep your hands warm on cool mornings and evenings.
- **Wool socks**: We recommend about 8 pairs (enough to have one pair of fresh socks/day, plus one pair for use in your tent only. Tent socks: always clean and always dry. Why wool? It’s light and quick-drying – so important.
- **Buff (tubular neck bandana)**: For cold weather, keeping the sun off your neck, for use as a headband, etc. Versatile and lightweight.
- **Face Mask**: Bring a couple of your own. UCC will also provide face masks for personal protection.
- **Sunglasses**: Protect your eyes. If you wish to wear your sunglasses as eye protection for project work they must be approved by your regional coordinator.
- **Clothing (for after the work day)**: You will want clothing that isn’t your stinky, sweaty, dirt-infused work shirt and pants to wear around camp in the evenings.
- **Sneakers (or closed-toe sandals)**: These shoes should be able to get wet. Hiking to project sites may involve river crossings, or you might get rained on. MUST BE CLOSED TOE.
- **Travel Alarm**: You are responsible for waking yourself up in the morning. You can use a watch alarm, travel alarm, or your phone (must be charged).
- **Wrist Watch**: Be on time every time.
- **Personal Hygiene**: Bring what you’ll need to be comfortable. This may include:
  - Small package of baby wipes (for a quick clean the end of the work day)
  - Feminine hygiene products. Remember: tampons are trash and should not be placed in groovers (backcountry ammo can toilets) or buried in the backcountry. A large Ziploc bag is a clean way to store used toilet paper, wipes, tampons and pads. To ensure longevity and durability of the Ziploc toiletry bag, cover it with your favorite designer duct tape! Toss the Ziploc in an appropriate trash receptacle when it’s full.
  - Chapstick or other lip balm with SPF
  - Small tube of moisturizer
  - Toothbrush and small tube of toothpaste
- **Sunscreen**: You will spend a lot of time outside and the sun is much harsher at higher elevations. Sunscreen is a necessity.
- **Medications**: UCC provides a medical kit with some medications for emergencies. If you take medication regularly, or have a prescription medication, it is your responsibility to supply it and bring it with on hitch.
- **Water Gaiters**: IF you already have them. If you don’t, UCC will provide them.
- **Neoprene Gloves and Socks**: In cold, wet environments where these can be nice to have. Some cheaper options can be found on Amazon.

Helpful tips and tricks for camping in a variety of outdoor environments, [CLICK HERE!](#)